

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

April 2021

BLAKEFORD

CELEBRATING 25 YEARS OF COMMUNITY.

				<p>9:30 Low Impact Aerobics 10:00 Wellness Walk 1:00 TEDTalk MPR 2:00 Bingo MPR 3:00pm Balcony Exercise 3:15 Bingo MPR <small>All Fools' Day</small></p>	<p>Stations of the Cross 9:30 Wellness at Home Video on Channel 7 10:00 Cardio Sculpt 10:00 Men's Group GR 1:15 Dollar Tree Outing (sign up required) <small>Good Friday</small></p>	<p>Please check the game room for sign up sheets for Canasta and Rummikub.</p>
<p>4:00 Easter Vespers Service on channel 7 <small>Easter Sunday</small></p>	<p>9:15 Wellness at Home Video on Channel 7 9:30 Strength class 10:30 Low Impact Aerobics 1:00 Better Balance 2:00 Seated Yoga 3:15 Wellness Walk 4:00 T. Lakeman's Zoom: Discovering C.S.Lewis's Narnia</p>	<p>9:30 Low Impact Aerobics 10:00 Wellness Walk 11:00 Bible Study with Beth 2:00 Needle Workers 3rd Floor S Lounge 4:00 Social Hour Bill Ferrari</p>	<p>9:30 Strength Class 10:30 Seated Yoga 1:00 Better Balance 2:00 Seated Yoga 2:30 Wellness at Home Video on Channel 7 3:00 Kate Creates Painting Class 3:15 Wellness Walk</p>	<p>10:00 Wellness Walk 1:00 TEDTalk MPR 2:00 Writing Group GR 2:00 Bingo MPR 3:15 Bingo MPR</p>	<p>9:15 Wellness at Home Video on Channel 7 10:00 Cardio Sculpt 10:00 Men's Group GR 11:00 Zoom: Bill Ferrari's Music History Class 1:30 Easy Hike at Deerwood Arboretum (sign up required) 3:00 Lectio Divina</p> 	<p>10</p>
 <p>11</p>	<p>9:15 Wellness at Home Video on Channel 7 9:30 Strength class 10:30 Low Impact Aerobics 1:00 Better Balance 2:30 Zoom Resident Council Community Meeting 3:15 Wellness Walk <small>Ramadan Begins</small></p>	<p>9:30 Low Impact Aerobics 10:00 Wellness Walk 2:00 Needle Workers 3rd Floor S Lounge 4:00 Zoom Social Hour</p>	<p>9:30 Strength Class 10:30 Seated Yoga 1:00 Better Balance 2:00 Seated Yoga 2:30 Wellness at Home Video on Channel 7 3:15 Wellness Walk</p>	<p>9:30 Low Impact Aerobics 10:00 Wellness Walk 10:30 Better Balance 1:00 Zoom Brigid Stewart's Poetry Time No Ted Talk 2:15 Bingo MPR 3:15 Bingo MPR</p>	<p>9:15 Wellness at Home Video on Channel 7 10:00 Cardio Sculpt 10:00 Men's Group GR 11:00 Zoom: Bill Ferrari's Music History Class</p> 	<p>17</p>
 <p>18</p>	<p>Step It Up! Virtual Walking tour of Nashville! 9:15 Wellness at Home Video on Channel 7 9:30 Strength class 10:30 Low Impact Aerobics 1:00 Better Balance 2:00 Seated Yoga 3:15 Wellness Walk</p>	<p>9:30 Low Impact Aerobics 10:00 Wellness Walk 11:00 Bible Study with Beth 2:00 Needle Workers 3rd Floor S Lounge 4:00 Social Hour With Brian Hanson</p>	<p>9:30 Strength Class 10:30 Seated Yoga 1:00 Better Balance 2:00 Seated Yoga 2:30 Wellness at Home Video on Channel 7 3:15 Wellness Walk 4:00 Doc Martin's Series MPR</p>	<p>9:30 Low Impact Aerobics 10:00 Wellness Walk 10:30 Better Balance 1:00 TEDTalk MPR 2:00 Bingo MPR 3:15 Bingo MPR <small>Earth Day</small></p>	<p>9:15 Wellness at Home Video on Channel 7 10:00 Cardio Sculpt 10:00 Men's Group GR 10:00 Departure for Frist (sign up required) 11:00 Zoom: Bill Ferrari's Music History Class 3:00 Lectio Divina MPR</p>	<p>11:30 Make Egg Salad GR</p>
 <p>25</p>	<p>9:15 Wellness at Home Video on Channel 7 9:30 Strength class 10:30 Low Impact Aerobics 1:00 Better Balance 2:00 Seated Yoga 3:00 Book Club GR 3:15 Wellness Walk</p>	<p>9:30 Low Impact Aerobics 10:00 Wellness Walk 2:00 Needle Workers 3rd Floor S Lounge 4:00 Zoom Social Hour TBA</p>	<p>9:30 Strength Class 10:30 Seated Yoga 1:00 Better Balance 2:00 Seated Yoga 2:30 Wellness at Home Video on Channel 7 3:15 Wellness Walk 4:00 Doc Martin's Series MPR</p>	<p>9:30 Low Impact Aerobics 10:00 Wellness Walk 10:30 Better Balance 1:00 TEDTalk MPR 2:00 Bingo MPR 3:15 Bingo MPR</p>	<p>9:15 Wellness at Home Video on Channel 7 10:00 Cardio Sculpt 10:30 Scenic Drive down the Natchez Trace and bag lunch (sign up required) <small>Arbor Day</small></p>	<p>Key: MPR-Multipurpose Room GM-Game Room LR-Living Room</p>