

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p style="text-align: right;"><b>1</b></p> <p><b>9:00-11:00 Supervised Exercise WC</b>            10:30 Bible Study MPR  <b>11:00 All Faith Communion MPR</b>  <b>1:00 Better Balance MPR</b>  <b>1:30 Seated Yoga MPR</b>            2:15 Catholic Communion WC            4:00 Doc Martin MPR            7:00 Classic Movie MPR</p>	<p style="text-align: right;"><b>2</b></p> <p><b>National Day of Prayer</b>  <b>9:30 Low-Impact Aerobics MPR</b>  <b>10:00 Blakeford Friends WR</b>            10:30 Craft: Painting GR            10:30 – 3:00 Prayer Stations WR            1:00 Dominoes GR  <b>2:30 All-in-One Exercise MPR</b>            3:00 Needle crafters LR  <b>4:00 No TED Talks</b>  <b>5:00 Symphony Night</b></p>	<p style="text-align: right;"><b>3</b></p> <p><b>9:00-11:00 Supervised Exercise WC</b>  <b>11:30 Spring Walking Group</b>  <b>12:15 Iris City Outing</b>            1:00 Sequence GR  <b>4:15 Happy Hour Bistro</b>  <b>7:00 Bingo MPR</b></p>	<p style="text-align: right;"><b>4</b></p> <p>2:00 Mexican Train GR            4:00 The West Wing MPR            7:00 Movie MPR</p>
<p style="text-align: right;"><b>5</b></p> <p><b>TBA: Out to the Movies</b>            2:00 Scrabble 4FNT  <b>4:00 Vespers MPR</b>  <b>Rev. B. J. Brack of Calvary UMC</b>            7:00 Movie MPR</p>	<p style="text-align: right;"><b>6</b></p> <p>9:00-11:00 Supervised Exercise WC  <b>10:30 Bible Study with Beth MPR</b>            1:00 Better Balance WR            1:30 Seated Yoga WR  <b>5:30 Effective Communication with A Person who has Alzheimer's Disease Woodcrest Activities Room</b></p>	<p style="text-align: right;"><b>7</b></p> <p>9:30 Cardio Sculpt MPR            10:00 Sign Language Class FP            1:00 Bridge LR            2:00 Mexican Train GR            2:30 All-in-One Exercise MPR  <b>4:30 Social Hour with Bill Ferrari LR</b></p>	<p style="text-align: right;"><b>8</b></p> <p><b>8:30 Spring Walking Group</b>            9:00-11:00 Supervised Exercise WC            10:30 Bible Study MPR  <b>11:00 All Faith Communion MPR</b>            1:00 Better Balance MPR            1:30 Seated Yoga MPR            2:15 Catholic Communion WC            4:00 Doc Martin MPR            7:00 Classic Movie MPR</p>	<p style="text-align: right;"><b>9</b></p> <p>9:30 Low-Impact Aerobics MPR            10:30 Craft: Painting GR            1:00 Dominoes GR            2:30 All-in-One Exercise MPR            3:00 Needle crafters LR  <b>3:00 Trivia with Beth Newman LR</b>  <b>4:00 TED Talks MPR</b></p>	<p style="text-align: right;"><b>10</b></p> <p>9:00-11:00 Supervised Exercise WC            1:00 Sequence GR  <b>4:15 Happy Hour Bistro</b>  <b>7:00 Bingo MPR</b></p>	<p style="text-align: right;"><b>11</b></p> <p><b>TBA- Out to an early afternoon movie with Elizabeth</b>            2:00 Mexican Train GR            4:00 The West Wing MPR            7:00 Movie MPR</p>
<p style="text-align: right;"><b>12</b></p> <p><b>Happy Mother's Day</b>  <b>10:45- 12:45 Mother's Day Photos in the Lobby by Camille Volkert</b>            2:00 Scrabble 4FNT            3:30 Vespers BC            7:00 Movie MPR</p>	<p style="text-align: right;"><b>13</b></p> <p>9:00-11:00 Supervised Exercise WC  <b>10:30 Bible Study with Beth MPR</b>            1:00 Better Balance MPR            1:30 Seated Yoga MPR  <b>2:30 Resident Council MPR</b>  <b>3:00 Green Hills Library Lobby Stop LR</b></p>	<p style="text-align: right;"><b>14</b></p> <p>9:30 Cardio Sculpt MPR            10:00 Sign Language Class FP            1:00 Bridge LR            2:00 Mexican Train GR            2:30 All-in-One Exercise WR  <b>4:30 Social Hour with Richard Griffin LR</b></p>	<p style="text-align: right;"><b>15</b></p> <p><del>9:00-11:00 Supervised Exercise WC</del>            10:30 Bible Study MPR  <b>11:00 All Faith Communion MPR</b>  <del>1:00 Better Balance MPR</del>  <del>1:30 Seated Yoga MPR</del>  <b>1:00 Arthritis Foundation Fundraiser: Baked Goods Auction and Bake Sale LR</b>  <b>2:00 Walking Bingo FL</b>            2:15 Catholic Communion WC            4:00 Doc Martin MPR            7:00 Classic Movie MPR</p>	<p style="text-align: right;"><b>16</b></p> <p>9:30 Low-Impact Aerobics MPR            10:30 Craft: Painting GR            1:00 Dominoes GR            2:30 All-in-One Exercise MPR            3:00 Needle crafters LR  <b>4:00 TED Talks MPR</b></p>	<p style="text-align: right;"><b>17</b></p> <p>9:00-11:00 Supervised Exercise WC            1:00 Sequence GR  <b>4:15 Happy Hour Bistro</b>  <b>7:00 Bingo MPR</b></p>	<p style="text-align: right;"><b>18</b></p> <p>2:00 Mexican Train GR            4:00 The West Wing MPR            7:00 Movie MPR</p>



# May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> 2:00 Scrabble 4FNT 3:30 Vespers BC 7:00 Movie MPR	<b>20</b> 9:00-11:00 Supervised Exercise WC <b>10:30 Bible Study with Beth MPR</b> 1:00 Better Balance MPR 1:30 Seated Yoga MPR	<b>21</b> 9:30 Cardio Sculpt MPR 10:00 Sign Language Class FP 1:00 Bridge LR 2:00 Mexican Train GR 3:00 All-in-One Exercise MPR <b>4:30 Social Hour with Brian Hanson LR</b>	<b>22</b> 9:00-11:00 Supervised Exercise WC 10:30 Bible Study MPR 11:00 All Faith Communion MPR 1:00 Better Balance MPR 1:30 Seated Yoga MPR 2:15 Catholic Communion WC 4:00 Doc Martin MPR 7:00 Classic Movie MPR	<b>23</b> 9:30 Low-Impact Aerobics MPR 10:30 Craft: Painting GR 1:00 Dominoes GR 2:30 All-in-One Exercise MPR 3:00 Needle crafters LR <b>3:00 Trivia with Kate Eyler LR</b> <b>4:00 TED Talks MPR</b>	<b>24</b> 9:00-11:00 Supervised Exercise WC <b>10:00 Stay Golden Roastery Tour and Samples FL</b> <b>11:30 Spring Walking Group</b> 1:00 Sequence GR <b>3:00 May Birthday Party</b> <b>4:15 Happy Hour Bistro</b> <b>7:00 Bingo</b>	<b>25</b> 2:00 Mexican Train GR 4:00 The West Wing MPR 7:00 Movie MPR
<b>26</b> 2:00 Scrabble 4FNT 3:30 Vespers BC <b>4:00 Nashville Palace: Supper and Song with Elizabeth</b> 7:00 Movie MPR	<b>27</b> 9:00-11:00 Supervised Exercise WC <b>10:30 Memorial Day Service MPR (Bible Study will be cancelled.)</b> 1:00 Better Balance MPR 1:30 Yoga MPR <b>3:00 Blakeford Book Club WR</b>	<b>28</b> <b>8:50 Nissan Tour FL</b> 9:30 Cardio Sculpt MPR 10:00 Sign Language Class FP 1:00 Bridge LR 2:00 Mexican Train GR 2:30 All-in-One Exercise WR <b>4:30 Social Hour with Mickey LR</b>	<b>29</b> <b>8:30 Spring Walking Group</b> 9:00-11:00 Supervised Exercise WC 10:30 Bible Study MPR 11:00 All Faith Communion MPR 1:00 Better Balance MPR 1:30 Seated Yoga MPR 2:15 Catholic Communion WC 4:00 Doc Martin MPR 7:00 Classic Movie MPR	<b>30</b> 9:30 Low-Impact Aerobics MPR 10:30 Craft: Painting GR 1:00 Dominoes GR 2:30 All-in-One Exercise MPR 3:00 Needle crafters LR <b>3:00 Trivia LR</b> <b>4:00 TED Talks MPR</b>	<b>31</b> 9:00-11:00 Supervised Exercise WC <b>10:00 Stay Golden Roastery Tour and Samples FL</b> 1:00 Sequence GR <b>3:00 Surprise with Amy King TBA</b> <b>4:15 Happy Hour Bistro</b> <b>7:00 Bingo</b>	

**Location Key:** GR- Game Room FP-Front Parlor LR- Living Room MPR-Multipurpose Room WC-Wellness Center WR-Well Life Room BC-Burton Court HC- Woodcrest Health Center BU- Blakeford  
4FNT-4<sup>th</sup> Floor North Tower Lounge Front Lobby FL