

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2019

## Woodcrest Life Enrichment Calendar



<p>1:30 Rummikub- AR <b>3</b></p> <p><b>3:30 Music Performance with Better Than Thursday- AR</b></p> <p>3:30 Vespers Service- BC Dining Room</p>	<p>9:00 "Say What? National Days of Today"- AR <b>4</b></p> <p>10:30 Mardi Gras History and Traditions- AR</p> <p><b>11:00 Crafty Corner: Mardi Gras Masks/Hats- AR</b></p> <p>11:45 Music and Memory Listening Group- AR</p> <p>1:00 Spiritual Expressions- WC2</p> <p>2:00 Bingo- AR</p> <p>3:30 Rummikub- AR</p>	<p><b>7AM-9AM Team Member and Resident Shrove Tuesday Pancake Breakfast- AR</b></p> <p>10:30 Music and Movement Exercise- AR</p> <p>11:00 Music Therapy with Noelle- AR</p> <p>1:45 Hymns and Praises with Chaplain Nancy- AR</p> <p><b>3:00 Mardi Gras Party with Steve Bishop- AR</b> <small>Mardi Gras</small></p>	<p><b>9:45 Krispy Kreme Donut Day6</b></p> <p><b>Room to Room</b></p> <p>11:00 Ash Wednesday Service- AR</p> <p>11:45 Music and Memory Listening Group-AR</p> <p>1:30 Open Faith Communion- BC</p> <p>2:00 Bingo- DR</p> <p>2:15 Roman Catholic Communion- AR</p> <p>3:15 Open Activity Room: Games and Puzzles- AR <small>Ash Wednesday</small></p>	<p>9:00 National Cereal Day: How Many Can You Name? – AR <b>7</b></p> <p>10:00 Lipscomb Children's Theatre- BC</p> <p>10:30 Music and Movement Exercise- AR</p> <p><b>11:00 Wii Archery Games- AR</b></p> <p>11:45 Music and Memory Listening Group- AR</p> <p>2:00 Name that Irish Tune- AR</p> <p>2:30 Movie Matinée: "Little Women" (PG)- AR</p>	<p><b>9:30 Pet Therapy Visit with Emma</b></p> <p>11:00 Modern Jeopardy Trivia- AR</p> <p>11:45 Music and Memory Listening Group- AR</p> <p>2:00 Bingo- AR</p> <p><b>3:15 Documentary: "Great British Castles: Carrickfergus Castle"- AR</b></p>	<p><b>10:30 Music Performance with Gary Pailer</b> <b>2</b></p> <p>(Please Note The Music will Now Begin at 10:30 AM)</p>
<p><i>Happy Daylight Savings: Don't Forget to Spring Forward 1 Hour!</i> <b>10</b></p> <p>1:30 Rummikub- AR</p> <p>3:30 Vespers Service in BC Dining Room</p> <p><small>Daylight Saving Time Begins</small></p>	<p>9:00 Johnny Appleseed Day: History and Facts- AR <b>11</b></p> <p>10:15 Morning Manicures- AR</p> <p><b>11:15 Crafty Corner: Lucky Leprechauns- AR</b></p> <p>11:45 Music and Memory Listening Group- AR</p> <p>1:30 Spiritual Expressions- WC 2</p> <p>2:00 Bingo- AR</p> <p>3:30 Rummikub- AR</p>	<p>10:15 Ted Talk "Virtual Choir Live" AR <b>12</b></p> <p>10:30 Music and Movement Exercise- AR</p> <p>11:00 Music Therapy with Noelle- AR</p> <p>1:45 Hymns and Praises with Chaplain Nancy- AR</p> <p><b>3:00 Bowling with Lipscomb Students- DR</b></p>	<p>9:00 Donald Duck Day: History and Facts- AR <b>13</b></p> <p><b>10:15 Bible Stories with Rita- AR</b></p> <p>11:00 Get Movin Exercise Class- AR</p> <p><b>11:15 Wii Bowling- AR</b></p> <p>1:30 Open Faith Communion- BC</p> <p>2:00 Bingo- DR</p> <p>2:15 Roman Catholic Communion- AR</p>	<p>10:30 Music and Movement Exercise- AR <b>14</b></p> <p>11:00 International Ask a Question Day: Trivia and Discussion- AR</p> <p>11:30 Music and Memory Listening Group- AR</p> <p><b>1:45 Current Events with Callie- AR</b></p> <p>3:00 St. Patrick's Crossword Puzzles- AR</p>	<p>10:30 History Hour: The Ides of March- AR <b>15</b></p> <p><b>11:00 Pet Therapy Visit with Spanky</b></p> <p>11:30 Music and Memory Listening Group- AR</p> <p><b>2:00 St. Patrick's Day Party with Denny O'Rourke- AR</b></p> <p>3:15 St. Patrick's Bingo- AR</p>	<p><b>11:00 Morning Bingo with Summer- AR</b> <b>9</b></p> <p><b>2:00 Movie Matinée: "The Hundred Foot Journey" (PG)- AR</b> <b>16</b></p>
<p>1:30 Rummikub- AR <b>17</b></p> <p>3:30 Vespers Service in BC Dining Room</p> <p><small>St. Patrick's Day</small></p>	<p>10:30 St. Patrick's Day Trivia- AR <b>18</b></p> <p><b>11:00 Resident Council Meeting- AR</b></p> <p>11:45 Music and Memory Listening Group- AR</p> <p>1:30 Spiritual Expressions- WC 2</p> <p>2:00 Bingo- AR</p> <p>3:30 Rummikub- AR</p>	<p>10:15 Ted Talk "The Coolest Animals You Know Nothing About, and How We can Save it"- AR <b>19</b></p> <p>10:30 Music and Movement Exercise- AR</p> <p>11:00 Music Therapy with Noelle- AR</p> <p><b>1:45 Music Performance with Brian Hanson- AR</b></p> <p>3:00 Cranium Crunches- AR</p>	<p>9:00 Do you Hear what I hear?- AR <b>20</b></p> <p>10:30 Truth or Blarney- AR</p> <p><b>11:00 Get Movin Exercise Class- AR</b></p> <p>11:15 Music and Memory Listening Group- AR</p> <p>1:30 Open Faith Communion- BC</p> <p>2:00 Bingo- DR</p> <p>2:15 Roman Catholic Communion- AR</p> <p><b>3:00 Crafty Corner: Flying Spring Birds- AR</b> <small>Spring Begins</small></p>	<p>9:00 Music and Memory Listening Group- AR <b>21</b></p> <p><b>10:30 Wii Wheel of Fortune- AR</b> (There will be no exercise this morning!)</p> <p><b>11:00 The More You Know: Purim- AR</b></p> <p>11:15 Crafty Corner: Paper Jewelry- AR</p> <p><b>2:00 Celebrate March Birthdays with Bill Ferrari- AR</b> <small>Purim</small></p>	<p>International Day of the Sea <b>22</b></p> <p>9:00 The History of the Crossword Puzzle- AR</p> <p><b>10:30 Cooking Corner: Seal Facts and Apple Treats- AR</b></p> <p>11:00 Current Events with Callie- AR</p> <p>11:45 Music and Memory Listening Group- AR</p> <p><b>12:30-1:30 Activity Room closed for Team Member Event</b></p> <p>2:15 Bingo- AR</p>	<p><b>2:00 Movie Matinée: "The Incredibles 2"- AR</b> <b>23</b></p>
<p>1:30 Rummikub- AR <b>24</b></p> <p>3:30 Vespers Service in BC Dining Room</p>	<p>9:00 Armchair Travelers: The Search for Heidi- AR <b>25</b></p> <p><b>10:15 Morning Manicures- AR</b></p> <p>11:00 "It's All Greek to Me" Game and Facts- AR</p> <p>11:45 Music and Memory Listening Group- AR</p> <p>1:30 Spiritual Expressions- WC 2</p> <p><b>2:00 Bingo- DR (Please note Bingo is in the Dining Room Today!)</b></p> <p>3:30 Rummikub- AR</p>	<p>10:15 Ted Talk "How Human Noise Affects Ocean Habitats"- AR <b>26</b></p> <p>10:30 Music and Movement Exercise- AR</p> <p><b>11:00 Music Therapy with Noelle- AR</b></p> <p>1:45 Hymns and Praises with Chaplain Nancy- AR</p> <p><b>2:30 Snack Attack Cart!</b></p>	<p><b>Music and Memory Day! Stay Tuned for Events!</b> <b>27</b></p> <p><b>10:00 Outing: Visit to the Frist Art Museum (Please see Callie to Sign up)</b></p> <p>11:00 Get Movin Exercise Class- AR</p> <p>11:45 Music and Memory Listening Group- AR</p> <p>1:30 Open Faith Communion- BC</p> <p>2:00 Bingo- DR</p> <p>2:15 Roman Catholic Communion- AR</p>	<p><b>Music and Memory Day! Stay Tuned for Events!</b> <b>28</b></p> <p>9:00 Barnum and Bailey Day: The Legacy- AR</p> <p>10:30 Music and Movement Exercise- AR</p> <p><b>11:00 Current Events with Callie- AR</b></p> <p>11:45 Music and Memory Listening Group- AR</p> <p><b>1:45 Movie Matinée: "The Sound of Music- Part 1" (G)-AR</b></p> <p>3:30 Baseball's Official Opening Day: Trivia and Mixed up Baseball Puzzles- AR</p>	<p><b>9:00 The History of Coca Cola- AR</b> <b>29</b></p> <p>10:30 Morning Bingo with Callie- AR</p> <p>11:45 Music and Memory Listening Group- AR</p> <p><b>2:15 Bingo Store- AR</b></p> <p><b>3:00 Movie Matinee: "The Sound of Music Part 2" (G)- AR</b></p>	<p><b>11:15 Music Performance with Cowboy Dan- AR</b> <b>30</b></p>

**31**

1:30 Rummikub- AR

*There will be no BC Vespers Service today at 3:30*

**4:00 Service of Remembrance- IL**



Life Enrichment Coordinator: Callie Weatherford 615-665-0225  
 Chaplain: Nancy Holmes 615-964-5444  
 Wellness Director: Laura Anne Grayson 615-665-0423

\*\*Activities, Times and Locations are subject to change



