

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2018

## Woodcrest Life Enrichment Calendar

|   |  |  |   |  |  |  |  |  |
|---|--|--|---|--|--|--|--|--|
|   |  |  |   |  |  |  | <b>11:00 Music Performance with Gary Pailer- AR</b>  |  |
| <b>3:30 Better Than Thursday Music Performance- AR</b>                      | <b>2</b><br>9-12 Activity Room Closed for Private Event<br>10:00 1:1 Cart with Callie in Rooms<br>1:30 Spiritual Expressions- WC2<br>2:15 Bingo- AR<br>3:30 Music Therapy with Noelle- AR<br><small>First Day of Hanukkah</small>  | <b>3</b><br>10:30 Music and Movement Exercise Class- AR<br>11:00 Crafty Corner: Popsicle Stick Snowflakes- AR<br>2:00 Cookie Day: Decorate Holiday Cookies- AR<br><b>3:00 Movie Matinee: How Green Was my Valley (RR) G-rated- AR</b><br>7:00 Hanukkah Service- BC               | <b>4</b><br>10:30 Music and Movement Exercise Class- AR<br>11:00 Pass the Present- AR<br>1:30 Music and Memory Listening Group- AR<br>2:00 Movie Matinee: Miracle on 34 <sup>th</sup> Street- AR<br><b>5:30 Holiday Dinner Party with Families (Please call Callie to RSVP)</b> | <b>5</b><br><b>9:45 Krispy Kreme Donut Day</b><br>11:00 Hymns and Praises- AR<br>1:30 All Faith Communion- BC<br>2:15 Roman Catholic Communion- AR<br>2:15 Bingo- DR<br>3:30 Wrap it up: Present Wrapping- AR  | <b>6</b><br>10:30 Music and Movement Exercise- AR<br>11:00 History Hour: St. Nicholas Day- AR<br><b>2:00 Movie Matinee: It's a Wonderful Life- AR</b><br>3:30 Rummikub- AR<br><b>6:30 Holiday Lights Tour (Please see Callie to Sign up)</b> | <b>7</b><br><u>Pearl Harbor Remembrance Day</u><br>9:30 Pet Therapy Visit with Emma<br>10:30 Bible Study- BC<br>11:00 Current Events with Callie- AR<br>2:00 Bingo<br>3:00 History Hour: Remembering Pearl Harbor -AR  | <b>8</b><br><b>10:30 Cooking Corner: Make Reindeer Chow- AR</b>  |  |
| <b>2:00- 4:00 Holiday Open House- IL</b><br><b>3:30 Vespers Service- BC</b> | <b>9</b><br>11:00 Get Movin Exercise Class- AR<br><b>11:15 Music with Keith Sargent- AR</b><br>1:30 Spiritual Expressions- WC2<br>2:15 Bingo- AR<br>3:30 Music Therapy with Noelle- AR   | <b>10</b><br>10:30 Music and Movement Exercise Class- AR<br>11:00 Pass the Present- AR<br>1:30 Music and Memory Listening Group- AR<br>2:00 Movie Matinee: Miracle on 34 <sup>th</sup> Street- AR<br><b>5:30 Holiday Dinner Party with Families (Please call Callie to RSVP)</b> | <b>11</b><br>10:00 Music and Memory Listening Group- AR<br><b>11:00 CPA Women's Ensemble Performance- Burton Court DR</b><br>1:30 All Faith Communion- BC<br>2:15 Roman Catholic Communion- AR<br>2:15 Bingo- DR  | <b>12</b><br>10:00 Music and Memory Listening Group- AR<br><b>11:00 CPA Women's Ensemble Performance- Burton Court DR</b><br>1:30 All Faith Communion- BC<br>2:15 Roman Catholic Communion- AR<br>2:15 Bingo- DR   | <b>13</b><br>10:30 Music and Memory Exercise Class- AR<br><b>11:00 National Cocoa Day: Hot Chocolate Bar- AR</b><br><i>2-4 Blakeford Team member Christmas Party</i><br>2:30 Open Activity Room: Table Games- AR                             | <b>14</b><br>10:30 "A Charlie Brown Christmas" - AR<br>10:30 Bible Study- BC<br>11:00 Seated Yoga- AR<br><b>1:30 Art Therapy with Tara- AR</b><br>3:00 Rummikub- AR  | <b>15</b><br><b>2:00 Rummikub- AR</b>  |  |
| <b>3:30 Vespers Service- BC</b>   | <b>16</b><br>10:45 Ted Talk- AR<br>11:00 Get Movin Exercise Class- AR<br><b>11:15 Cooking Corner: Rudolph Cupcakes- AR</b><br>1:30 Spiritual Expressions- WC2<br>2:15 Bingo- AR<br>3:30 Music Therapy with Noelle- AR  | <b>17</b><br>10:30 Music and Movement Exercise Class- AR<br>11:00 Resident Council Meeting- AR<br>1:30 Music and Memory Listening Group- AR<br>1:45 Music Performance with Brain Hanson- AR<br><b>2:30 Crafty Corner: Make Christmas Ornaments- AR</b>                           | <b>18</b><br>10:15 Bible Stories with Rita - AR<br>11:00 Hymns and Praises- AR<br>1:30 All Faith Communion- BC<br>2:15 Roman Catholic Communion- AR<br>2:15 Bingo- DR<br><b>6:45 Volunteer Group Caroling through the Halls</b>   | <b>19</b><br>10:15 Bible Stories with Rita - AR<br>11:00 Hymns and Praises- AR<br>1:30 All Faith Communion- BC<br>2:15 Roman Catholic Communion- AR<br>2:15 Bingo- DR<br><b>6:45 Volunteer Group Caroling through the Halls</b>                            | <b>20</b><br>10:30 Music and Movement Exercise Class- AR<br><b>11:00 Decorating Gingerbread Houses- AR</b><br><b>2:00 Dreams and Wishes Christmas Party- IL</b><br>3:30 Music Performance with Bill Ferrari- AR                              | <b>21</b><br>10:00 Morning Manicures- AR<br>10:30 Bible Study- BC<br><b>11:00 Pet Therapy Visit with Spanky</b><br>12:30 TPAC Outing: The Nutcracker (Please RSVP with Callie)<br>2:00 Open Activity Room<br><b>7:00 Candlelight Service- IL</b><br><small>Winter Begins</small> | <b>22</b><br><b>11:00 Triominoes-AR</b><br><b>1:30-4:30 Activity Room Closed for Private Event</b>                             |  |
| <b>3:30 Vespers Service- BC</b>   | <b>23</b><br><i>Christmas Eve!</i><br><b>10:00 Morning Movie: White Christmas- AR</b><br><b>1:30 "The Christmas Story and other Christmas Poems"- AR</b>   | <b>24</b><br><i>Merry Christmas!</i><br><br><i>Glad tidings to you and all of your kin!</i>   | <b>25</b><br>10:30 The More you Know: The Tales of Kwanzaa- AR<br>11:00 Wii Bowling- AR<br>1:30 All Faith Communion- BC<br>2:15 Roman Catholic Communion- AR<br>2:15 Bingo- DR<br><b>3:15 Music with Steve Bishop- AR</b><br><small>Kwanzaa Begins</small>                      | <b>26</b><br>10:30 The More you Know: The Tales of Kwanzaa- AR<br>11:00 Wii Bowling- AR<br>1:30 All Faith Communion- BC<br>2:15 Roman Catholic Communion- AR<br>2:15 Bingo- DR<br><b>3:15 Music with Steve Bishop- AR</b><br><small>Kwanzaa Begins</small> | <b>27</b><br>10:30 Penguins, Polar Bears and more: Virtual Zoo Tour- AR<br>11:00 Jeopardy Trivia- AR<br>1:45 Music and Memory Listening Group- AR<br><b>2:30 Afternoon Snack and Movie: "Old Yeller" (RR) G-Rated- AR</b>                    | <b>28</b><br>10:30 Bible Study- BC<br><b>11:15 Bingo Store- AR</b><br>1:30 Bingo<br>3:00 Open Activity Room: Table Games   | <b>29</b><br><b>11:15 Music Performance with Cowboy Dan- AR</b><br><b>2:30 An Afternoon with Friends (Volunteer Group)- AR</b> |  |
| <b>3:30 Vespers Service- BC</b>   | <b>30</b><br><i>New Year's Eve!</i><br>10:45 Ted Talks- AR<br>11:00 New Year's Exercise- AR<br><b>11:15 Crafty Corner: 2018 Memory Jar- AR</b><br>1:30 Spiritual Expressions- WC 2<br>2:15 New Year's Bingo- AR<br><b>3:30 New Year's Eve Party- AR</b><br><small>New Year's Eve</small> | <b>31</b><br><b>Life Enrichment Coordinator: Callie Weatherford 615-665-0225 ext. 222</b><br><br><b>Chaplain: Sherry Perry 615-964-5444</b><br><br><b>Wellness Department: Laura Anne Grayson 615-665-0423</b>   |   |  |  |  |  |  |

Activities subject to Change. Activities' always available: Cards, Games, Books, T.V, Movies. Location Key: AR: Activity Room, DR: Dining Room, BC: Burton Court, IL: Independent Living