

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> <b>11:00 Franklin Road Academy Chorus</b> 4:00 The West Wing MPR 7:00 Movie MPR
<b>2</b> 2:00 Scrabble 4FNT <b>4:00 Vespers Service by Chaplain Sherry Perry MPR</b> 7:00 Movie MPR	<b>3</b> 9:00-11:00 Supervised Exercise WC <b>10:00 Bible Study: Advent Study MPR</b> 10:30 Wii Bowling WR 1:00 Better Balance MPR 1:30 Seated Yoga MP <b>2:30 Speaker Dr. Hotchkiss, Vanderbilt Librarian</b> <b>3:00 Lobby Stop by the Green Hills Library LR</b> 7:00 Movie MPR	<b>4</b> 9:30 Cardio Sculpt MPR 10:00 Sign Language Class LR <b>10:30 Audiology Associates MPR</b> 1:30 Bridge MPR 2:00 Mexican Train GR 2:30 All-in-One Exercise WR <b>4:30 Social Hour with Yankee Girl LR</b> <b>6:45 Christmas Lights of South Nashville</b>	<b>5</b> 9:00-11:00 Supervised Exercise WC 10:00 All Faith Communion MPR 10:30 Bible Study MPR 10:30 Wii Bowling WR 1:00 Better Balance MPR 1:30 Seated Yoga MP 2:15 Catholic Communion BC 3:30 Downtown Abbey MPR 7:00 Classic Movie MPR	<b>6</b> 9:30 Low-Impact Aerobics MPR <b>10:20 Waffle Shop at Downtown Presbyterian Church</b> 1:00 Dominoes GR 2:30 All-in-One Exercise MPR 3:00 Needlecrafters 4FNT 4:00 TED Talks MPR	<b>7</b> 9:00-11:00 Supervised Exercise WC 10:30 Wii Bowling WR <b>9:20 Governor's Mansion Tour</b> 1:00 Sequence GR 2:30 Mexican Train GR <b>7:00 Bingo MPR</b>	<b>8</b> 4:00 The West Wing MPR 7:00 Movie MPR
<b>9</b> <b>2:00-4:00 Holiday Open House</b> 2:00 Scrabble 4FNT 3:30 Vespers BC 7:00 Movie MPR	<b>10</b> 9:00-11:00 Supervised Exercise WC <b>10:00 Bible Study: Advent Study MPR</b> 10:30 Wii Bowling WR <b>11:00-3:00 Game Room Reserved for Private Event</b> 1:00 Better Balance WR 1:30 Seated Yoga WR <b>2:00 Gift Wrapping for Dreams and Wishes LR</b> <b>2:30 Resident Council MPR</b> 7:00 Movie MPR	<b>11</b> 9:30 Cardio Sculpt MPR 10:00 Sign Language Class LR <b>10:00 Holiday Tuba Concert at First Baptist</b> 1:30 Bridge MPR 2:00 Mexican Train GR 2:30 All-in-One Exercise WR <b>4:30 Social Hour with Keith Sargent LR</b>	<b>12</b> 9:00-11:00 Supervised Exercise WC 10:00 All Faith Communion MPR 10:30 Bible Study MPR 10:30 Wii Bowling WR 1:00 Better Balance MPR 1:30 Seated Yoga MPR <b>2:00 Good Grief WR</b> 2:15 Catholic Communion BC 3:30 Downtown Abbey MPR <b>2:00 Planning Meeting for Activities MPR</b> 7:00 Classic Movie MPR <b>7:00 Blair Students Recital</b>	<b>13</b> 9:30 Low-Impact Aerobics MPR 1:00 Dominoes GR 2:30 <i>No All-in-One Exercise</i> 3:00 Needlecrafters 4FNT <b>4:00 NO TED Talks (Team Members are having their Holiday Party.)</b>	<b>14</b> 9:00-11:00 Supervised Exercise WC 10:30 Wii Bowling WR <b>10:30 Grace Works Shopping Trip</b> 1:00 Sequence GR <b>2:00-2:15 Mini Yoga Class for National Yoga Day MPR</b> 2:30 Mexican Train GR <b>3:00 Christmas Sing Along - LR</b> 7:00 Bingo MPR	<b>15</b> 4:00 The West Wing MPR 7:00 Movie MPR

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<b>16</b> 2:00 Scrabble 4FNT 3:30 Vespers BC 7:00 Movie MPR	<b>17</b> 9:00-11:00 Supervised Exercise WC <b>10:00 Bible Study: Advent Study MPR</b> 10:30 Wii Bowling WR <b>10:45 Blakeford Friends MPR</b> 1:00 Better Balance MPR 1:30 Seated Yoga MPR <b>2:30 Impersonator for Abraham Lincoln MPR</b> 7:00 Movie MPR	<b>18</b> 9:30 Cardio Sculpt MPR 10:00 Sign Language Class LR 1:30 Bridge MPR 2:00 Mex. Train GR 2:30 All-in-One Exercise WR <b>2:30 December Birthday Party with Misha Robledo and Pete Mead</b> <b>4:30 Social Hour with Brian Hanson LR</b>	<b>19</b> 9:00-11:00 Supervised Exercise WC 10:00 All Faith Communion MPR 10:30 Bible Study MPR 10:30 Wii Bowling WR 1:00 Better Balance MPR 1:30 Seated Yoga MPR 2:15 Catholic Communion BC 3:30 Downtown Abbey MPR 7:00 Classic Movie MPR	<b>20</b> 9:30 Low-Impact Aerobics MPR 1:00 Dominoes GR <b>2:00 Dreams and Wishes Holiday Event</b> <i>2:30 No All-in-One Exercise</i> 3:00 Needlecrafters 4FNT 4:00 TED Talks MPR <b>NOTE DATE CHANGE: 7:00 Bingo MPR</b>	<b>21</b> 9:00-11:00 Supervised Exercise WC 10:30 Wii Bowling WR 1:00 Sequence GR 2:30 Mexican Train GR <b>7:00 Candlelight Service MPR</b> 7:00 No Bingo Tonight	<b>22</b> 4:00 The West Wing MPR 7:00 Movie MPR
<b>23</b> 2:00 Scrabble 4FNT 3:30 Vespers BC 7:00 Movie MPR	<b>24</b> <b>10:00 Bible Study: Advent Study MPR</b> 10:30 Wii Bowling WR <b>11:00 Spiritual Wellness Sacred Spaces MPR</b> <b>3:00 Blakeford Book Club WR</b> 7:00 Movie MPR	<b>25</b> <b><i>Christmas Day</i></b> <b>11:30-2:00 Christmas Buffet</b>	<b>26</b> <b>Wellness Rest Week</b> 10:00 All Faith Communion MPR 10:30 Bible Study MPR 10:30 Wii Bowling WR 1:30 All Faith Communion-BC SF <b>2:00 Good Grief WR</b> 2:15 Catholic Communion BC 3:30 Downtown Abbey MPR 7:00 Classic Movie MPR	<b>27</b> <b>Wellness Rest Week</b> <b>8:30 First Watch Restaurant in Green Hills</b> 1:00 Dominoes GR 3:00 Needlecrafters 4FNT 4:00 TED Talks MPR	<b>28</b> <b>Wellness Rest Week</b> 10:30 Wii Bowling WR 1:00 Sequence GR 2:30 Mexican Train GR 7:00 Bingo MPR	<b>29</b> 4:00 The West Wing MPR 7:00 Movie MPR
<b>30</b> 2:00 Scrabble 4FNT 3:30 Vespers BC 7:00 Movie MPR	<b>31</b> <b>Wellness Rest Week</b> <b>7:00 PM New Year's Eve Party</b>					

**Location Key:** GR- Game Room FP-Front Parlor LR- Living Room MPR-Multipurpose Room WC-Wellness Center WR-WellLife Room BC-Burton Court HC- Woodcrest Health Center BU- Blakeford 4FNT-4<sup>th</sup> Floor North Tower Lounge