

BLAKEFORD SENIOR LIVING

A P R I L 2 0 2 4

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY APRIL 2024

	<p>01</p> <p>8:30 Supervised Exercise WLC 9:15 Aqua Strides PL 10:00 History Club BH 11:30 Dance Lessons with Vickie Oates GFS 1:00 The Green Hills Loop LB 1:00 Jewelry Making with Tetra (Blakeford Uni) ATS 1:00 Better Balance GFS 1:30 Seated Yoga GFS 2:00 Catholic Communion Chap 2:30 Water Walking Club PL 3:00 Aqua Strength PL 7:00 Vista Game Night VST</p>	<p>02</p> <p>9:30 Supervised Swim PL 9:30 Low Impact Aerobics GFS 10:00 Beginners IT Class BH 10:00 Seated Strength GFS 10:45 Aqua Strides PL 1:00 Bridge LR 3:30 Happy Half Hour BH 4:00 Entertainment with John England BH 7:00 Poker GR</p>	<p>03</p> <p>8:30 Supervised Exercise WLC 8:30 Aqua Strength PL 9:15 Aqua Strides PL 9:30 Tai Chi with Anna Teeples GFS 11:00 Bible Study with Beth Newman Chap 1:00 Fox Foundation Presentation BH 1:00 Better Balance GFS 1:30 Seated Yoga GFS 1:30 Water Walking Club PL 2:15 Water Aerobics PL</p>	<p>04</p> <p>9:30 Supervised Swim PL 9:30 Low Impact Aerobics GFS 10:00 Box-Fit GFS 10:45 Aqua Strides PL 11:00 Women's Group BH 1:00 The Green Hills Loop LB 2:15 Aqua Strength PL 3:00 All-in-One GFS 7:00 Documentary Night GFS</p>	<p>05</p> <p>8:30 Aqua Dance PL 9:00 Floor Freedom GFS 9:30 Supervised Swim PL 10:00 Men's Group BH 10:00 Catholic Communion Chap 10:30 Quick CareMerge Trouble Shooting LR 1:00 April Birthday Bash BH</p>	<p>06</p> <p>10:00 Blakeford Bidders VST 2:00 Mexican Train Dominoes GR 2:00 Musical Performance: Bob Tigert BH</p>
07	<p>08</p> <p>8:30 Supervised Exercise WLC 8:30 Aqua Strength PL 9:00 Bluebird Cafe Breakfast & Music LB 9:15 Aqua Strides PL 1:00 The Green Hills Loop LB 1:00 Better Balance GFS 1:30 Seated Yoga GFS 1:30 Water Walking Club PL 2:00 Catholic Communion Chap 2:30 Resident Council BH 4:00 Communion at Home Chap 7:00 Vista Game Night VST</p>	<p>09</p> <p>9:30 Supervised Swim PL 9:30 Low Impact Aerobics GFS 10:00 Choir Practice BH 10:00 Seated Strength GFS 10:45 Aqua Strides PL 1:00 Bridge LR 3:30 Happy Half Hour BH 4:00 Entertainment with Cody Campbell BH 7:00 Poker GR</p>	<p>10</p> <p>8:30 Supervised Exercise WLC 8:30 Aqua Strength PL 9:15 Aqua Strides PL 9:30 Tai Chi with Anna Teeples GFS 11:00 Art Class with Tetra (Acrylic) ATS 1:30 Water Walking Club PL 2:00 Zoo Visit at Blakeford BH 2:15 Caregiver Support Group LCR 2:15 Water Aerobics PL 2:30 VirtuSense Screenings GFS</p>	<p>11</p> <p>9:30 Supervised Swim PL 10:00 Box-Fit GFS 10:45 Aqua Strides PL 11:00 Women's Group BH 1:00 The Green Hills Loop LB 1:30 Bingo BH 2:00 Blakeford Wordsmiths ATS 3:00 Aqua Strength PL 7:00 Documentary Night GFS</p>	<p>12</p> <p>8:30 Aqua Dance PL 9:30 Supervised Swim PL 10:00 Men's Group BH 10:00 Catholic Communion Chap 10:30 Quick CareMerge Trouble Shooting LR 11:00 Music History (Blakeford University) BH 2:00 Spring Wreath Making Workshop ATS 3:00 Lectio Divina Chap</p>	<p>13</p> <p>10:00 Blakeford Bidders VST 2:00 Mexican Train Dominoes GR</p>
14	<p>15</p> <p>8:30 Supervised Exercise WLC 8:30 Aqua Strength PL 9:15 Aqua Strides PL 11:30 Dance Lessons with Vickie Oates GFS 1:00 The Green Hills Loop LB 1:00 Better Balance GFS 1:30 Seated Yoga GFS 1:30 Water Walking Club PL 2:00 Catholic Communion Chap 2:00 Jewelry Making with Tetra (Blakeford Uni) ATS 2:15 Pool Volleyball PL 3:00 All-in-One GFS 3:30 Patio & Popsicle Social FF 7:00 Vista Game Night VST</p>	<p>16</p> <p>9:30 Supervised Swim PL 9:30 Low Impact Aerobics GFS 10:00 Choir Practice BH 10:00 Seated Strength GFS 10:45 Aqua Strides PL 11:00 Grief Support Group Chap 1:00 Bridge LR 3:30 Happy Half Hour BH 4:00 Entertainment with Jerry Penrod BH 7:00 Poker GR</p>	<p>17</p> <p>8:30 Supervised Exercise WLC 8:30 Aqua Strength PL 9:15 Aqua Strides PL 9:30 Tai Chi with Anna Teeples GFS 11:00 Bible Study with Beth Newman Chap 12:00 Lunch Outing: Carrabbas LB 1:00 Better Balance GFS 1:30 Seated Yoga GFS 1:30 Water Walking Club PL 2:00 Movie Showing: Flyboys BH 2:15 Water Aerobics PL</p>	<p>18</p> <p>9:30 Supervised Swim PL 9:30 Low Impact Aerobics GFS 10:00 Box-Fit GFS 10:45 Aqua Strides PL 11:00 Women's Group BH 1:00 The Green Hills Loop LB 1:30 Bingo BH 2:15 Aqua Strength PL 3:00 All-in-One GFS 7:00 Documentary Night GFS</p>	<p>19</p> <p>8:30 Aqua Dance PL 9:00 Floor Freedom GFS 9:30 Supervised Swim PL 10:00 Men's Group GFS 10:00 Catholic Communion Chap 10:30 Quick CareMerge Trouble Shooting LR 11:00 Healthy Learning Lecture with Select Rehab GFS 2:00 Dance Performance with Vickie Oates GFS</p>	<p>20</p> <p>10:00 Blakeford Bidders VST 2:00 Mexican Train Dominoes GR</p>

- Meeting Places
- GFS** Group Fitness Studio
- BH** Blakeford Hall
- Chap** Chapel
- PL** Pool
- ATS** Art Studio
- WLC** Wellness Center
- LB** Lobby
- VST** Vista
- LR** Living Room
- GR** Game Room
- LCR** Lobby Conference Room
- FF** Fireflies
- LK** Luke's

BLAKEFORD SENIOR LIVING

A P R I L 2 0 2 4

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY APRIL 2024

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5:00 Firefly Social Hour **FF**

22

8:30 Aqua Strength **PL**
 9:15 Aqua Strides **PL**
 10:00 Introduction to the Parthenon **BH**
 11:30 **Passover Seder** **Chap**
 1:00 **The Green Hills Loop** **LBY**
 1:00 Better Balance **GFS**
 1:30 Seated Yoga **GFS**
 1:30 Water Walking Club **PL**
 2:00 Catholic Communion **Chap**
 2:00 Earth Day Presentation **BH**
 2:15 Pool Volleyball **PL**
 3:00 All-in-One **GFS**
 4:00 Communion at Home **Chap**
 7:00 Vista Game Night **VST**

23

8:30 Audiology Associates **LK**
 9:30 Supervised Swim **PL**
 9:30 Low Impact Aerobics **GFS**
 10:00 Beginners IT Class **BH**
 10:00 Seated Strength **GFS**
 10:45 Aqua Strides **PL**
 1:00 Bridge **LR**
 3:30 Happy Half Hour **BH**
 4:00 Entertainment with Paulette Licitra **BH**
 7:00 Poker **GR**

24

8:30 Supervised Exercise **WLC**
 8:30 Aqua Strength **PL**
 9:15 Aqua Strides **PL**
 9:30 Tai Chi with Anna Teeples **GFS**
 11:00 **Art Class with Tetra (Acrylic)** **ATS**
 1:00 **Swimsuit Shopping Trip** **LBY**
 1:00 Better Balance **GFS**
 1:30 Seated Yoga **GFS**
 2:15 Caregiver Support Group **LCR**
 2:30 VirtuSense Screenings **GFS**

25

9:30 Supervised Swim **PL**
 10:00 Box-Fit **GFS**
 10:45 Aqua Strides **PL**
 11:00 Women's Group **GFS**
 1:00 **The Green Hills Loop** **LBY**
 1:30 Bingo **GFS**
 2:15 Aqua Strength **PL**
 3:00 All-in-One **GFS**
 4:30 **Dinner Outing: Taco Bama** **LBY**
 7:00 Documentary Night **GFS**

26

10:00 Men's Group **GFS**
 10:00 Catholic Communion **Chap**
 10:30 Quick CareMerge **LR**
 Trouble Shooting **BH**
 1:00 Arthritis Foundation Fundraiser **BH**
 3:00 Lectio Divina **Chap**

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10:00 Blakeford Bidders **VST**
 2:00 Mexican Train Dominoes **GR**
 4:00 Senior Prom **BH**

28

8:30 Supervised Exercise **WLC**
 8:30 Aqua Strength **PL**
 9:15 Aqua Strides **PL**
 10:00 CareMerge Training 101 **BH**
 1:00 **The Green Hills Loop** **LBY**
 1:30 Water Walking Club **PL**
 2:00 Catholic Communion **Chap**
 3:00 Book Club **BH**
 3:00 All-in-One **GFS**
 7:00 Vista Game Night **VST**

29

9:30 Supervised Swim **PL**
 9:30 Low Impact Aerobics **GFS**
 10:00 Beginners IT Class **BH**
 10:00 Seated Strength **GFS**
 10:45 Aqua Strides **PL**
 11:00 Grief Support Group **Chap**
 1:00 Bridge **LR**
 3:30 Happy Half Hour **BH**
 4:00 Entertainment with Janne Henshaw **BH**
 7:00 Poker **GR**

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Activities are subject to change, please check CareMerge for the most up to date information. Events in bold require sign up.