

# Starters

Egg Rolls 4  
*two fried pork egg rolls,  
choice of sweet and sour or teryaki sauce*

Shrimp Cocktail **GF** ♥ 9  
*five jumbo shrimp and house-made cocktail sauce*

Brie & Cranberry Crostini <sup>NEW</sup> 3  
*three crostini, sliced brie, cranberry reduction*

Chorizo Empanadas <sup>NEW</sup> 4  
*accompanied by avocado crema*

Bread Basket  
*available upon request*

# Entrée Salads

Caesar **V** **GF** 5  
*romaine lettuce, parmesan cheese, croutons, Caesar  
dressing*

Shaved Brussels Salad **V** ♥ 5  
*shaved Brussel sprouts, pecans, dried cranberries, shaved  
parmesan, citrus vinaigrette*

Strawberry Fields **V** **GF** ♥ 6  
*candied pecans, blueberries, raspberries, strawberries, feta  
cheese, mixed greens, raspberry vinaigrette*

Chef Salad **V** **GF** 6  
*iceberg lettuce, ham, turkey, eggs, cucumbers, tomatoes,  
cheddar cheese*

available to add to any entree

Chicken	3
Shrimp	6
Salmon	8
Prime Tenderloin	9

# Mains

Tacos <sup>NEW</sup> **V** **GF** 5  
*two flour tortillas, cheddar cheese, black bean and corn relish, salsa, sour cream, guacamole, choice of protein*

Fried Green Tomato BLT <sup>NEW</sup> 5  
*fried green tomatoes, bacon, lettuce, toasted sourdough*

Ham and Swiss Sliders <sup>NEW</sup> 6  
*sliced ham, brie, apple, slider buns*

Quinoa Bowl <sup>NEW</sup> **V** **GF** 6  
*red quinoa, blistered tomatoes, red onion, raisins, artesian greens, citrus vinaigrette*

Individual Lasagna **V** 7  
*lasagna noodles, beef tomato sauce, ricotta, mozzarella cheese*

Reuben <sup>NEW</sup> **GF** 7  
*turkey or corned beef, thousand island dressing, Swiss cheese, rye bread*

Southwest Chicken <sup>NEW</sup> **♥** 7  
*grilled chicken breast, avocado, pico de gallo, black bean and corn relish*

Classic Club **GF** 8  
*turkey, ham, bacon, lettuce, tomato, cheddar, mayo, toasted wheat*

Po' Boy 8  
*choice of shrimp or roast beef, lettuce, tomatoes, whole grain roll*

# Always Available

Chicken, Tuna, or Egg Salad **V** **GF** **♥** 3  
*scoop or sandwich on bread of choice*

Pimento Cheese **V** **GF** **♥** 3  
*scoop or sandwich on bread of choice*

Jumbo Shrimp **GF** **♥** 9  
*five jumbo shrimp grilled or fried*

Hot Dog 4  
*1/4 lb. all beef hot dog on toasted bun*

Build Your Own Salad **V** **GF** **♥** 7  
*choice of: iceberg, romaine, mixed greens*  
*choice of: bacon, eggs, chicken, ham, turkey, shrimp*  
*choice of: avocado, croutons, cucumbers, red onions,*  
*tomatoes, feta, parmesan, mango, raspberries, blue cheese,*  
*candied pecans*

Build Your Own Sandwich **V** **GF** 7  
*choice of: white, wheat, rye, sourdough, or gluten-free*  
*choice of: ham, turkey, salami, corned beef, or bacon*  
*choice of: American, provolone, Swiss, or cheddar*  
*choice of: lettuce, tomato, or onion*

Cheeseburger 8  
*juicy, all-beef burger served with lettuce, tomato and onion*  
*on a brioche bun*  
*\*Beyond Burger or Gardenburger available*  
*choice of: American, Swiss, smoked gouda*

Individual Pizza 6  
*choice of: pepperoni, sausage, chicken, ham, tomato, basil,*  
*spinach, onions, feta, mozzarella, or cheddar*  
*\*maximum of five items*

Quesadilla 8/11  
*grilled peppers and onions, cheddar cheese, toasted tortilla,*  
*salsa, guacamole, sour cream, chicken or shrimp*

Chicken Tenders <sup>NEW</sup> 5  
*3 deep fried tenders with choice of dipping sauce*

## Sides

Onions Rings **V** 1.5

French Fries **V GF** 1

Sweet Potato Fries **V GF** ♥ 1

Broccoli **V GF** ♥ 2

Asparagus **V GF** ♥ 2

Bistro Chips **V GF** 1

Strawberries **V GF** ♥ 2.5

## Desserts

Ice Cream **V** 3

*choice of: chocolate, vanilla, mint chocolate chip, moosetracks, sugar-free butter pecan, sugar-free vanilla*

Fresh Fruit Cup **V** 2.5

*cantaloupe, grapes, honeydew, pineapple*

Mixed Berries **V** 3

*blueberries, raspberries, strawberries*

See Server for Display Case Options

# Cold Drinks

Fruit Juice 2.5  
*orange, cranberry, apple, tomato*

V-8 2  
*regular or low sodium*

Tea .5  
*sweet, unsweet, fruit*

Milk 1  
*whole, 2%, skim, sweet acidophilus, almond milk*

Soda 1  
*Coke, Diet Coke, Coke Zero, Sprite, Sprite Zero, Dr. Pepper, Diet Dr. Pepper, Ginger Ale, Diet Ginger Ale*

Bottled Water 1

Lemonade 1

Item Can Be Made Vegetarian 

Item Can Be Made Gluten-Free 

Item is WellLife Approved 