

FEBRUARY 2023

WOODCREST LIFE ENRICHMENT CALENDAR

FEBRUARY 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					01	02	03	04
					09:30 WC2 Balloon Volleyball 11:00 Blank Slate 02:00 Bingo 03:00 Ice Cream Sandwich Social	10:00 WC2 Music Therapy 11:00 Craft Corner 01:30 WC2 Exercise 02:00 Exercise 02:30 Communion with Chaplain Nancy	09:30 Donut Day 10:30 WC2 February IQ 12:00 Chick fil A Resident Lunch 01:00 Bingo 02:00 Yoga 02:30 National Geographic Documentary	All Day Puzzle Packets 11:00 Music with Debi Bailes
05	06	07	08	09	10	11		
10:30 Woodmont Baptist Church Service on ch.30 04:00 Virtual Vespers Service on ch. 6 06:00 The 65th Grammy Awards Ceremony on CBS (ch.5)	All Day Babe Ruth Day 10:00 WC2 Daily Chronicle 10:30 Tucker Time 11:00 Netflix Show 02:00 Bingo 03:00 Trivia	10:30 Music Therapy with Noelle 11:00 WC2 Exercise 11:30 Book Club 02:00 Exercise 02:30 Current Events Discussion 02:30 Aquapaint with Woodcrest 2	09:30 WC2 Balloon Volleyball 10:30 Bingo 02:00 Music with Brian Hanson 03:00 Soda Floats & Jokes	10:00 WC2 Music Therapy 11:00 Cooking Corner: Snow Sandwiches 01:30 WC2 Exercise 02:00 Exercise 02:30 Hymn Sing with Chaplain Nancy	10:00 WC2 Name That Tune 12:00 Resident BBQ Lunch & February Birthday Party 01:00 Bingo 02:00 National Geographic Documentary	All Day Puzzle Packets 10:00 WC2 Balloon Volleyball 11:00 Netflix show		
12	13	14	15	16	17	18		
10:30 Woodmont Baptist Church Service on ch.30 11:30 Super Bowl Pregame Party 05:30 Super Bowl LVII on FOX (ch.17)	All Day Healthy Hearts Week 09:30 WC2 Daily Chronicle 11:00 Netflix Show 02:00 Bingo 03:00 Hearts and Smarts	Valentine's Day All Day Wear Red Day! All Day Healthy Hearts Week 10:30 Exercise 11:00 Current Events Discussion 11:00 WC2 Exercise 02:00 Valentine's Day Party	All Day Healthy Hearts Week 09:30 WC2 Balloon Volleyball 10:30 Bingo 02:00 Music with Joey Boone 03:00 Parfait Bar	All Day Healthy Hearts Week 10:00 WC2 Music Therapy 11:00 Flower Arranging 01:30 WC2 Exercise 02:00 Yoga 02:20 Meditation with Chaplain Nancy 03:00 Brain Games	All Day Healthy Hearts Week 10:30 WC2 Junk Detective 11:00 Hot Tea/Cocoa and Coloring 02:00 Bingo 03:00 Heart Health Talk	All Day Puzzle Packets 10:00 WC2 Balloon Volleyball 11:00 Netflix show		
19	20	21	22	23	24	25		
10:30 Woodmont Baptist Church Service on ch.30	Washington's Birthday 10:00 WC2 Daily Chronicle 10:30 Toby Time 11:00 Netflix Show 02:00 Bingo 03:00 Presidents' Day Brain Games	10:30 Exercise 11:00 Current Events Discussion 11:00 WC2 Exercise 02:00 Mardi Gras Party & Music with Dennis Scott	09:30 WC2 Balloon Volleyball 11:00 Ash Wednesday Service 02:00 Bingo 03:00 Banana Bread Social and February Facts	10:00 WC2 Music Therapy 11:00 Art Therapy 01:30 WC2 Exercise 02:00 Exercise 02:30 Hymn Sing with Chaplain Nancy	10:00 WC2 Name That Tune 11:00 Balloon Volleyball 02:00 Seated Yoga 02:30 Bingo 03:30 National Geographic Documentary	All Day Puzzle Packets 10:00 WC2 Movie Matinee 11:00 Netflix show		
26	27	28						
10:30 Woodmont Baptist Church Service on ch.30	09:30 WC2 Daily Chronicle 11:00 Netflix Show 02:00 Bingo 03:00 Wheel of Fortune	11:00 Resident Council 11:00 WC2 Exercise 02:00 Exercise 02:30 Current Events Discussion 02:30 Aquapaint with Woodcrest 2						